

RAW IMPACT

HEART AND HAMMER

CAMBODIA 2027 TRIP GUIDE

WELCOME TO THE TEAM

Heart & Hammer, is a hands-on trip bringing together medical professionals, tradies and anyone keen to roll up their sleeves and make a difference.

Together, we'll get stuck into meaningful projects at our Every Piece Matters Village and the Ta Skor Medical Centre in Phnom Penh, combining practical skills, healthcare and a heart to serve.

Heart & Hammer is about more than just the work we do. It's about working alongside local communities, building genuine connections and using what we have to make a lasting difference.

We encourage you to come with an open mind, ready to embrace Cambodia's incredible people and culture, get your hands dirty and be part of something bigger than yourself.

adventure with us...





ABOUT RAW IMPACT AND CAMBODIA

RAW Impact is Raising Awareness Worldwide to Inspire Generational Change. We lead teams to do meaningful hands-on projects in Cambodia and Australia. RAW works in Cambodia alongside local communities and volunteers to build safe housing , create employment opportunities, and establish sustainable solutions for displaced slum families.



WHAT TO BRING

CLOTHES

- Clothes to get dirty in - make sure they cover your knees and shoulders and can protect you from the sun!
- Covered work shoes for building and outdoor work.
- Casual clothes
- Bathers
- Hat
- RAW T-shirt
- Sunglasses
- Enclosed walking shoes
- Sandals

GEAR

- Passport
- Sunglasses
- Toiletries & medication
- Spending money in USD
- Power adapter
- Towel
- Water Bottle
- Sunscreen
- Insect Repellent
- Backpack or day bag









YOUR ITINERARY

25th – 31st July 2027

Day 1

Arrive in Phnom Penh, scenic tuk tuk ride to the Onra hotel. First team dinner and get to know the RAW Crew.

Day 2

Cultural orientation with a visit to the RAW office, Genocide Museum, and Killing Fields.

Day 3 – 6

Breakfast at the hotel and morning meeting. Project days at Ta Skor medical clinic and Every Piece Matters Village. Freshen up at the hotel before dinner at local restaurants.

Day 7

Check out of hotel. Farewell and trip conclusion.







TRIP PAYMENTS

	ADULT	CHILD 6-17 yo	CHILD 2-5 yo
Registration payment Note: This payment is non-refundable	$550	$250	FREE
Trip Costs - Shared Accom	$2490	$1990	$1490
Trip Costs - Single Accom	$2850	N/A	N/A
Fundraising	$1,000	$250	N/A

TRIP COSTS DO NOT COVER FLIGHTS, VISAS OR INSURANCES.

REGISTRATION PAYMENT IS NON-REFUNDABLE. PROJECT FUNDRIASING IS TAX DEDUCATBLE.

FUNDRAISING

Each participant is required to fundraise a minimum of $1000 to go towards RAW Impact's projects in Cambodia.

Participants are given an online fundraising platform that can be shared on all social media platforms and by email and SMS with family and friends. RAW Impact is a non-profit organisation with full DGR status so all online donations made over $2 are tax-deductible.




the best way to find yourself is to lose yourself in the service of others
mahatma gandhi
RAW IMPACT