



# WELCOME TO THE TEAM

We can't wait to experience Laos with you. It's going to be an incredible journey and we know that as an individual and together as a team, you're going to make an incredible impact while learning and growing throughout the trip.

We encourage you to come with an open mind and be ready to immerse yourself in the culture as we explore this beautiful country.

*adventure with us...*



# ABOUT RAW IMPACT AND LAOS

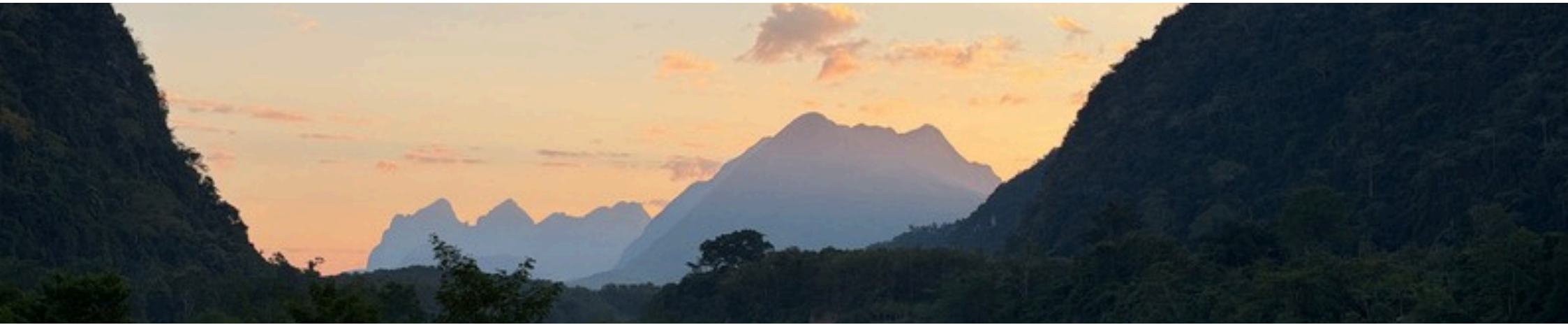
RAW Impact is Raising Awareness Worldwide to Inspire Generational Change. We lead teams to do meaningful hands-on projects in Laos, Cambodia and Australia. RAW works in Laos alongside local communities to build safe village infrastructure, support life-changing children's education, create employment pathways, and establish sustainable solutions for families.



# FIRST TIME TRAVELLING ALONE?

Awesome! We can't wait for you to join us on the ground in Laos. Our experienced RAW crew will be guiding you every step of the way, teaching you how to travel safely in Asia.

Check out the FAQs later in this guide and reach out to Carl with any questions.



Have any **questions?**  
Get in touch with us!



**Carl Hockey**



+61 492 923 571



[teams@rawimpact.org](mailto:teams@rawimpact.org)



# WHAT TO BRING

## CLOTHES

- Clothes to get dirty in - make sure they cover your knees and shoulders and can protect you from the sun!
- Covered work shoes for building and outdoor work.
- Casual clothes
- Bathers
- Hat
- RAWTshirt
- Enclosed walking shoes
- Sandals
- Warm clothes for cold nights/mornings

## GEAR

- Passport
- Sunglasses
- Toiletries & medication
- Hydrolyte
- Spending money in USD
- Power adapter
- Towel
- Water Bottle
- Sunscreen
- Insect Repellent
- Backpack or day bag



# THE JOURNEY



## LUANG PRABANG

Fly into Vientiane, then hop on the scenic fast train to Luang Prabang. The first few days are about settling in — wandering the night markets, learning some of Laos' history, and hearing the RAW story from the team you'll be journeying with.



## MUANG NGOI

We'll head in vans 4hrs north to Nong Kiaw before boating up the Nam Ou river to Muang Ngoi, which will be home for the next six nights. Each day we'll boat to Had Sapuey village and get stuck into meaningful, hands-on projects together with the inspiring Khmu people.



## VANG VIANG

Our trip wraps up in the incredible town of Vang Vieng. We'll have lots of fun hiking and exploring the world-class mountains that surround the city, as well as swimming in crystal clear lagoons and caves.





# YOUR ITINERARY

9 – 19 January 2027

## Day 1

Arrive in Vientiane in the morning, travel to Luang Prabang by train

## Day 2

Cultural orientation with a visit to the UXO museum, hear the RAW story and meet the crew.

## Day 3

Travel to Nong Kiaw by bus, and then jump on a boat to Muang Ngoi.

## Day 4

First day of projects at Had Sapuey Village.

## Day 5

Projects continue in the village.

## Day 6

Rest day – waterfall hike and a bit of exploring around Muang Ngoi.

## Day 7

Get stuck back go projects at Had Sapuey Village.

## Day 8

Final day on the tools at Had Sapuey Village. Project handover and final trip debrief.

## Day 9

Travel to back to Nong Kiaw, and then take a train to Vang Vieng. Afternoon walk to lagoon and dinner.

## Day 10

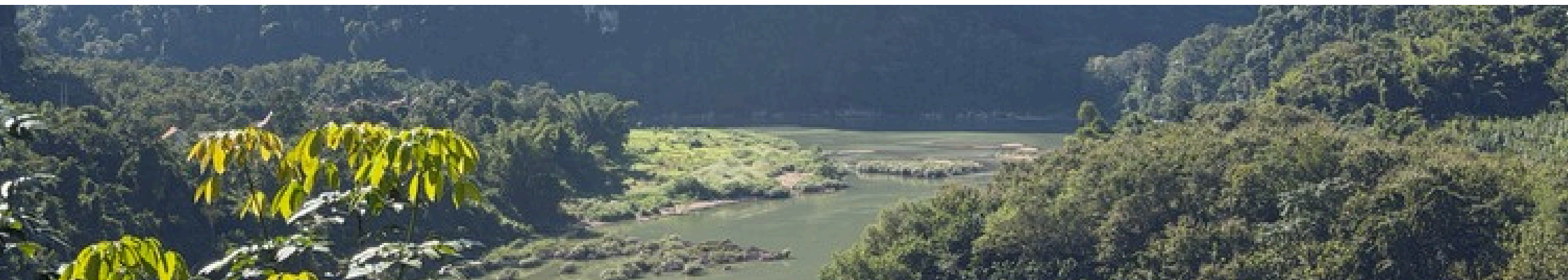
Adventure day – hiking, swimming, exploring. Final team dinner.

## Day 11

Breakfast & farewell to the RAW crew. Go your own way e.g. train to Vientiane.

# TRIP PAYMENTS

	COST	DATE DUE
<b>Registration payment</b> Note: This payment is non-refundable	<b>\$500</b>	When you sign up
<b>Trip Costs</b> Trip costs don't include flights, visas or insurance	<b>\$2490</b>	9 Nov 2026
<b>Fundraising</b>	<b>\$500</b>	9 Dec 2026



## Wanna **save money** on your **trip costs**?

Smash your fundraising goal and be rewarded. Each dollar over \$1000 will be deducted from your trip costs up to the value of \$2490, i.e. the full cost! deadline 9 Nov 2026



# FUNDRAISING

*Each participant is required to fundraise a minimum of \$500 to go towards RAW Impact's projects in Laos.*

Participants are given an online fundraising platform that can be shared on all social media platforms and by email and SMS with family and friends. RAW Impact is a non-profit organisation with full DGR status so all online donations made over \$2 are tax-deductible.



# FAQS

## Is Laos safe?

Yes! Like many countries, Laos has a complex history, but today it is a safe and welcoming place to visit. We think you will really love the people of Laos.

We will also teach you how to travel Asia safely, and while on our trip you will always be in groups or pairs.

## What happens if I get sick?

RAW has emergency procedures in place for each team trip. We have trained local and western crew on all our trips, so we always have crew available to manage participants who get sick.

If needed, we will take you to a western-trained clinic or hospital. Comprehensive travel insurance is strongly recommended.





# FAQS

## **I'm worried about flying on my own.**

We have young people from all over Australia coming on this trip, so we'll help connect you to others from your area so you can arrange to travel together.

## **Who will pick me up from the airport?**

A RAW crew member will be there at the airport to meet you when you land!

## **How do I contact home?**

We will always be within mobile reception, and we can help you get a local sim card with data so you can stay connected.







**“The best way to find yourself is  
to lose yourself in the service of  
others.”**

mahatma gandhi